

Title: METHOD AND APPARATUS FOR SPEED CONTROLLED **ECCENTRIC EXERCISE TRAINING**

Inventor: Paul LaStayo et al.
Appl. Serial No.: 10/650,455 Docket No.: 49640.0517

REPLACEMENT SHEET

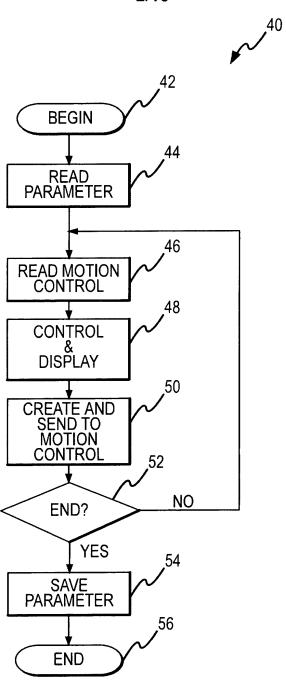


FIG.3

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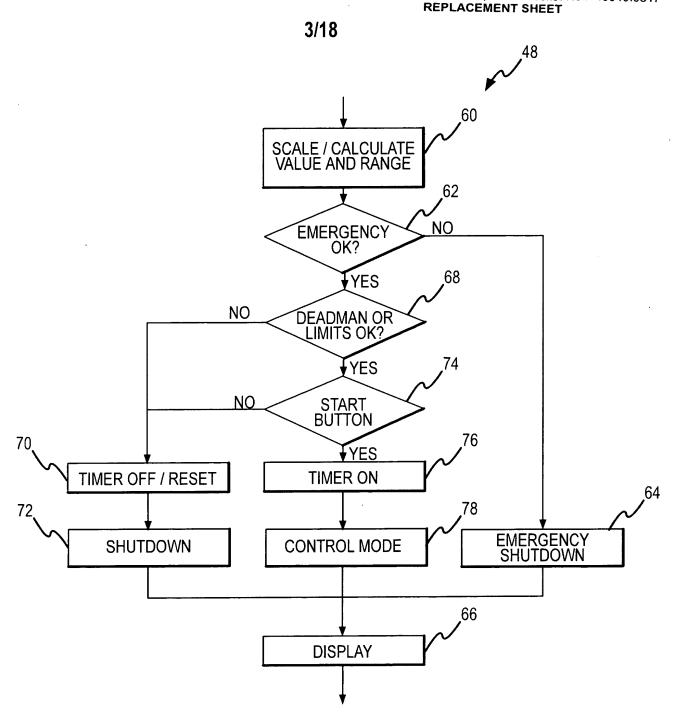


FIG.4

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Appl. Serial No.: 10/650,455 Docket No.: 49640.0517

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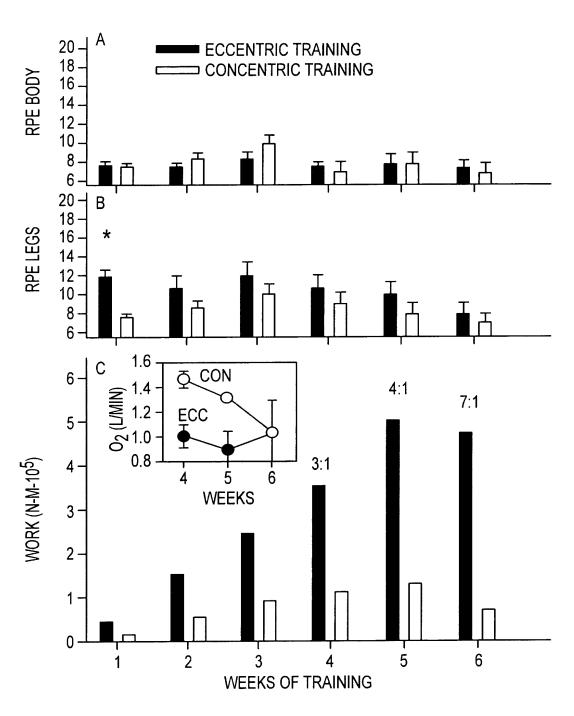


FIG.5

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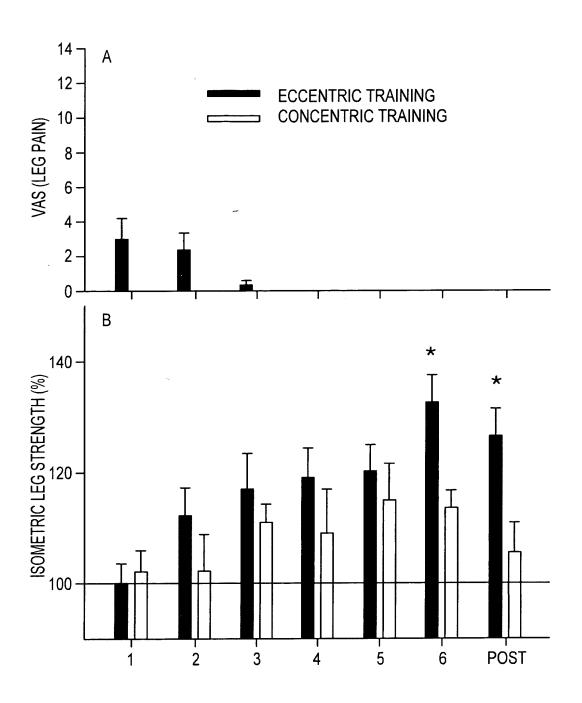


FIG.6

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TRAINING SESSION FREQUENCY PER WEEK/DURATION (MIN) PER SESSION

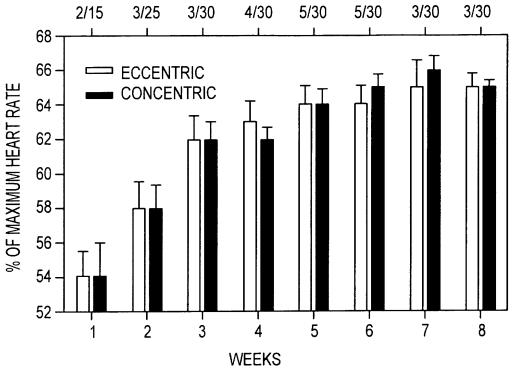


FIG.7

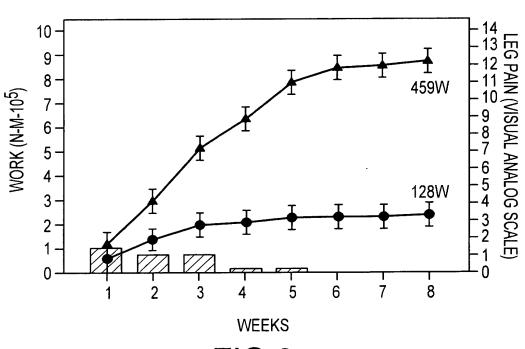


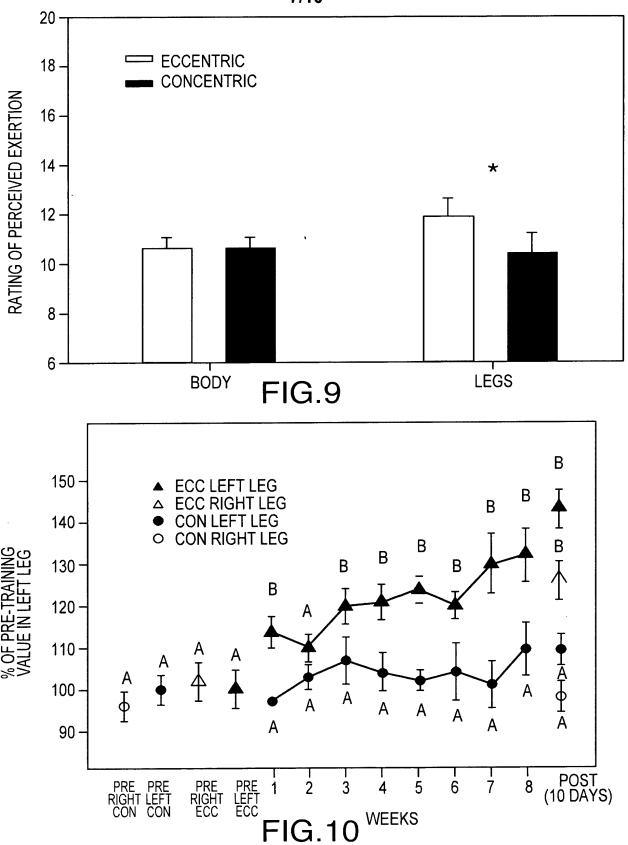
FIG.8

ECCENTRIC EXERCISE TRAINING Inventor: Paul LaStayo et al.

Appl. Serial No.: 10/650,455 Docket No.: 49640.0517

7/18

REPLACEMENT SHEET



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ECCENTRIC EXERCISE TRAINING Inventor: Paul LaStayo et al.

Appl. Serial No.: 10/650,455 Docket No.: 49640.0517

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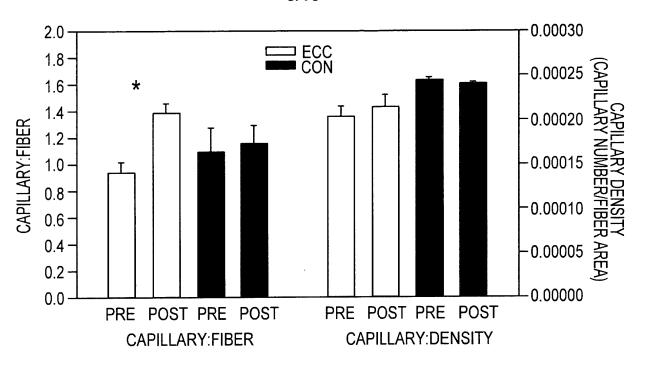


FIG.11

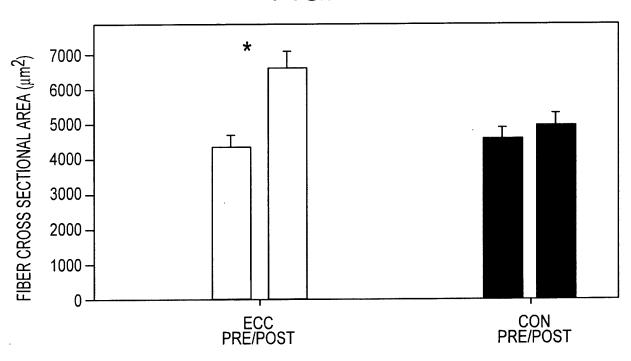


FIG.12

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Appl. Serial No.: 10/650,455 Docket No.: 49640.0517
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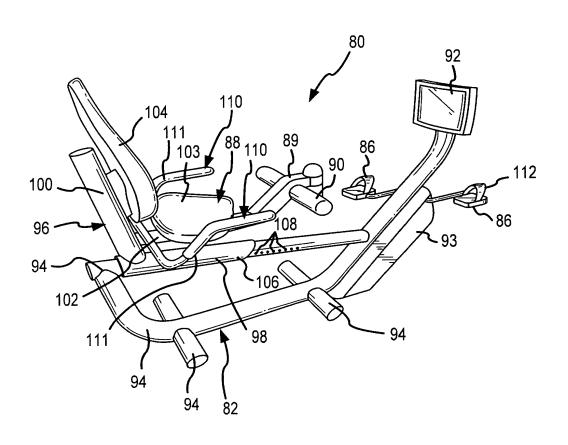


FIG.13

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Appl. Serial No.: 10/650,455 Docket No.: 49640.0517
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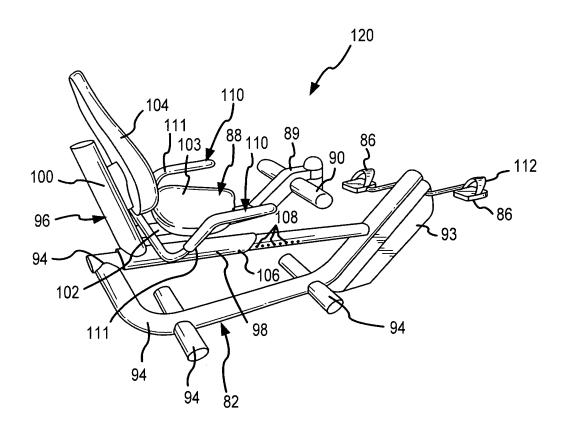


FIG.14

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Appl. Serial No.: 10/650,455 Docket No.: 49640.0517
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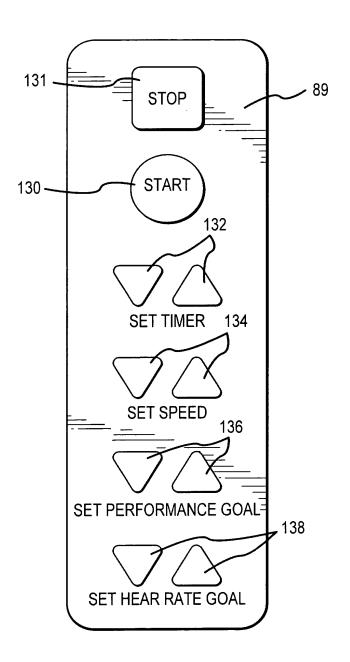
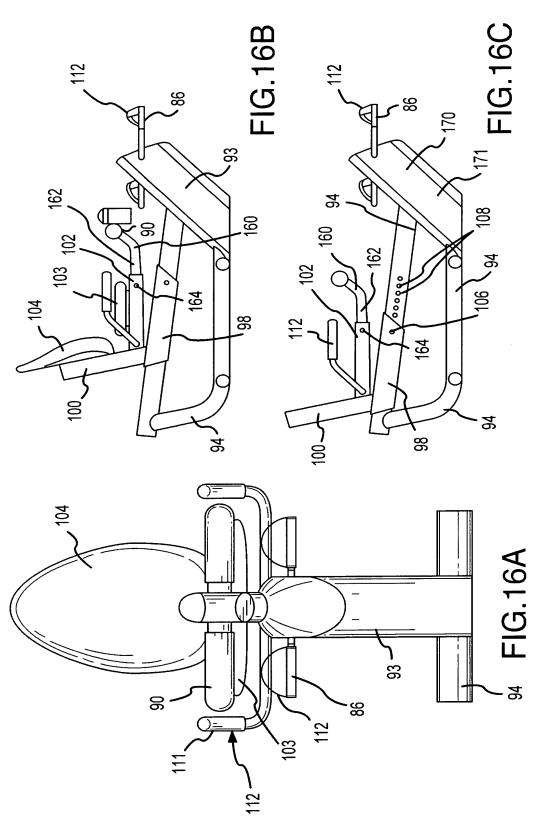


FIG.15

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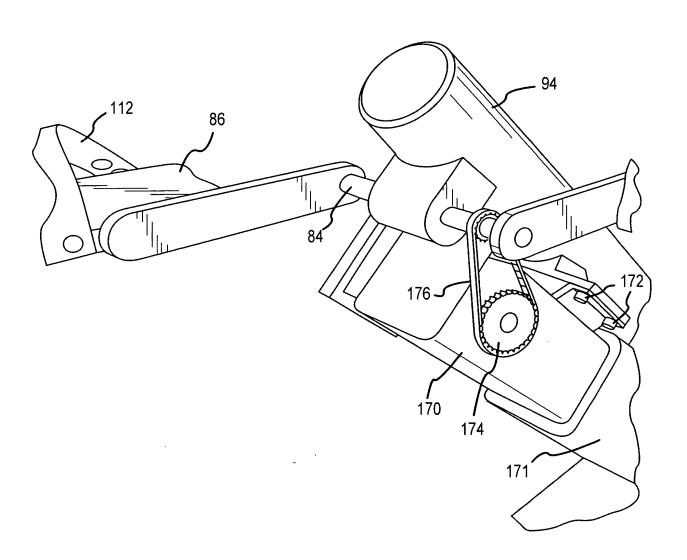


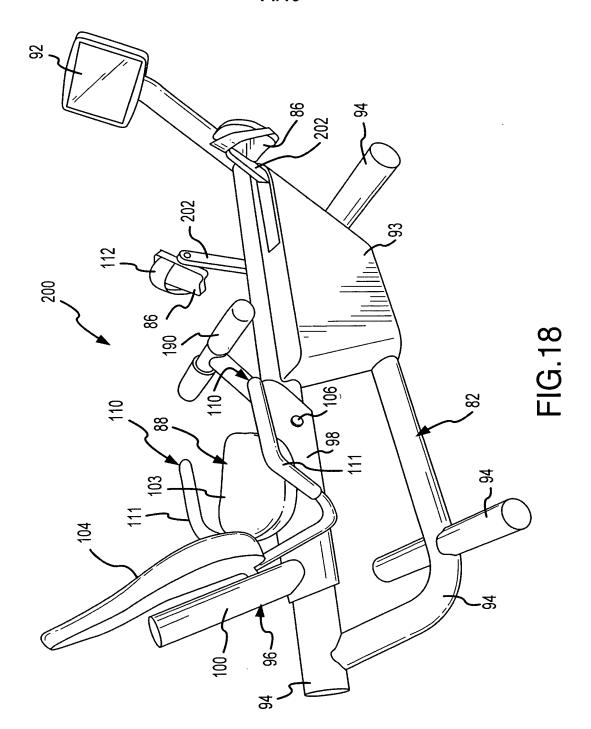
FIG.17

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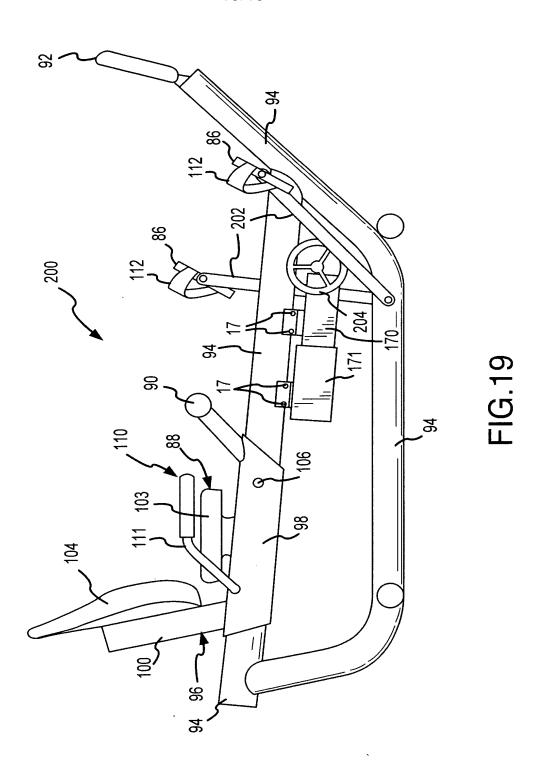
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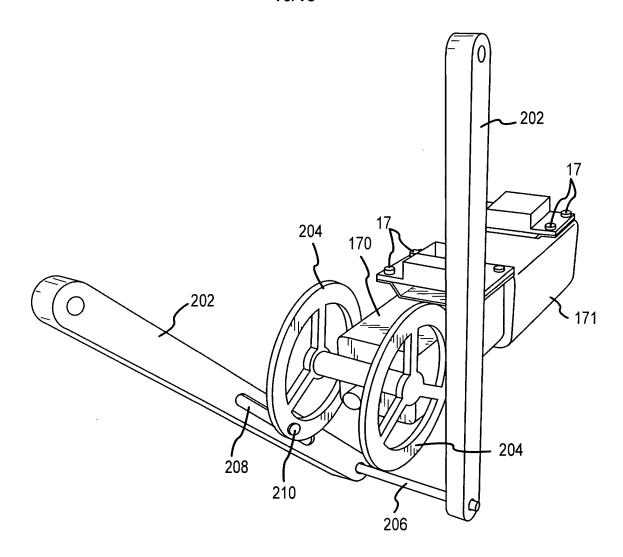


FIG.20

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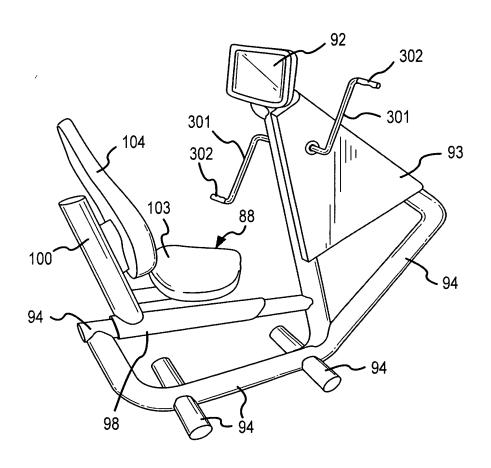


FIG.21

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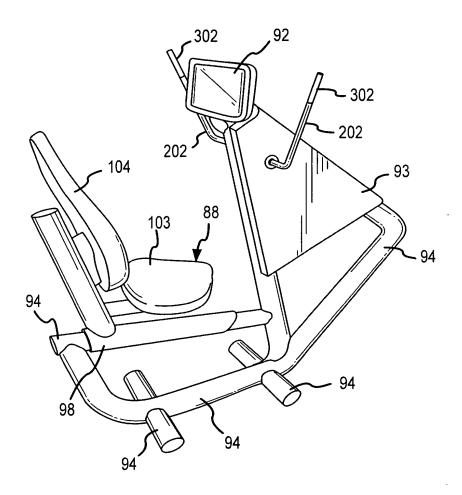


FIG.22